

# BirthIndex.co.uk



Your Local Guide for all things Pregnancy, Birth and Baby

Volume 2 Issue 4 September 2010

Well we have another busy few months; first we have the Nearly New Sale in Woburn on 25<sup>th</sup> September and a Baby and Toddler Fair in Northampton on 26<sup>th</sup> September followed by another Towcester Baby and Child Show on 10<sup>th</sup> October and MK Antenatal Exhibition on 24<sup>th</sup> October so plenty to help you gather information, shop have fun!

You can read about these and other topical issues by following @midwifevalerie at [www.twitter.com](http://www.twitter.com) or by following [Valerie's blog](#)



*Valerie Gommon*

*Independent Midwife*

[www.3shiresmidwife.co.uk](http://www.3shiresmidwife.co.uk)

tel: 01908 511247



## SPA DAY WINNERS

The lucky winners in our Whittlebury Hall Spa competition were: Paula Payne, Jaime Hill and Heather Hill – we hope you all enjoy your day of pampering



## MATCHUSTYLE.CO.UK

Naomi Edwards from Match U Style Image Consultancy is offering a special introductory offer to pregnant women, new mums and women with children. Naomi will offer one of her services without charge in return for a written testimonial and introductions to 5 friends

The services available in this offer are:

- A personal shopping session
- Wardrobe De-Clutter
- Colour Analysis

You can take up this offer by contacting Match U Style Consultancy on or at (quote BirthIndex for this offer)

Tel: 07930109930, [naomi.edwards@consultant.com](mailto:naomi.edwards@consultant.com)  
[www.matchustyle.co.uk](http://www.matchustyle.co.uk)

## WHATS ON

### September 2010

Nearly New Baby Fair  
Saturday 25th September 2010  
Woburn Village Fair, Crawley Road, Woburn, MK17 9QD  
Entry: £1 for adults, children are free  
Further Details: [Nearly New Baby Fair](#)

Northampton Baby and Toddler Fair  
Sunday 26th September 2010  
10am–4pm  
Northampton County Cricket Ground  
Tickets and information:  
[Northampton Baby and Toddler Fair](#)

### Milton Keynes Maternity Services public meeting

29th September 2010  
from 5.30pm at Church of Christ The Corner Stone, Milton Keynes  
Details: [Maternity Services Meeting](#)

Milton Keynes  
Independent Midwives

The Northampton **BABY** & **TODDLER FAIR**  
sponsored by **Time for Tots**  
**Advice Shopping &**  
**Entertainment**  
**SUNDAY 26TH SEPTEMBER 2010**  
**THE COUNTY GROUND**  
Advance tickets on sale now!

Milton Keynes Maternity Service Open Meeting  
Wednesday 29th September 2010  
Starting at 5.30pm  
Church of Christ the Cornerstone, Central Milton  
Keynes, MK9 2ES  
Further Details: [Maternity Services Meeting](#)

#### **October 2010**

MK Antenatal Exhibition - FREE Entry  
Sunday 24th October 2010  
2 pm - 4.30 pm  
Church of Christ The Cornerstone  
Central Milton Keynes  
Contact [info@3shiresmidwife.co.uk](mailto:info@3shiresmidwife.co.uk)  
Further Details: [MK Antenatal Exhibition](#)

Towcester Baby and Child Show  
Sunday 10th October 2010  
10am - 4pm  
Towcester Race Course  
London Road  
Towcester  
NN12 6LB  
Tickets and Information:



Photograph by [www.lumierevrai.com](http://www.lumierevrai.com)

### **FREE ANTENATAL EXHIBITIONS 2010**

**Sundays 2.00 pm - 4.30 pm**

**21<sup>st</sup> February**

**20<sup>th</sup> June**

**24<sup>th</sup> October**

At

Church of Christ the Cornerstone  
300 Saxon Gate West, Central Milton Keynes, MK9 2ES

Exhibitors include:

Midwifery advice, Breast feeding, Waterbirth,  
Complementary Therapies, Maternity Bras, Cloth Nappies,  
Baby Massage, Yoga, Aquanatal, Ultrasound Scans

Free: admission, refreshments and parking at rear of building

Michelle Twiselton  
07852 100 484  
[michelle@mk-midwife.co.uk](mailto:michelle@mk-midwife.co.uk)  
[www.mk-midwife.co.uk](http://www.mk-midwife.co.uk)

Valerie Somman  
01908 511247  
[info@3shiresmidwife.co.uk](mailto:info@3shiresmidwife.co.uk)  
[www.3shiresmidwife.co.uk](http://www.3shiresmidwife.co.uk)

## **Pregnancy Support In Your Area**

**Milton Keynes** Birth Information Group  
Next meeting  
[info@mkbig.org.uk](mailto:info@mkbig.org.uk)

**Milton Keynes** Home Birth Support  
Group  
Sarah: 07947 188628 email: [phoe-busflea@hotmail.co.uk](mailto:phoe-busflea@hotmail.co.uk)  
Kerry: 07958 453131 email:  
[kez\\_campbell@hotmail.com](mailto:kez_campbell@hotmail.com)

**Bumps and Babies – Milton Keynes**  
Are you pregnant or do you have a  
young baby? Join us for our new  
Bumps & Babies sessions. Make new  
friends. Exchange hints and tips with  
other parents. Play with your baby in a  
fun and safe environment.  
Robins Sure Start Children's Centre,  
Heelands School  
Fridays 11am - 12pm  
[click here for more details](#)

**Northampton** Baby Café  
Northampton Friends Meeting House,  
Wellington Street, NN1 3AS  
Every Friday except Bank Holidays  
From 10:30 am to 12:30 pm  
Contact: Carolyn Markham 01604  
790496  
Ann Davison 01604 843288  
[ann@babyways.org](http://ann@babyways.org)

**Northampton.**  
Home Birth Support Group  
First Thursday of month  
7.30pm - 9.30pm  
Whitehills Nursery School  
Acre Lane,  
Kingsthorpe  
Northampton  
NN2 8DF  
Tel: 07716 017366  
Email: [kellymitchell1102@hotmail.co.uk](mailto:kellymitchell1102@hotmail.co.uk)

**Bedford** Home Birth Support Group  
01234 / 325104 or 218441  
[charsmith@btinternet.com](mailto:charsmith@btinternet.com) or  
[anna\\_spyropoulos@hotmail.com](mailto:anna_spyropoulos@hotmail.com)

**Leighton Buzzard & Milton Keynes**  
Home Birth Support Group  
Contact: Sarah 07947 188628

[For lots of  
interesting  
articles visit  
Valerie's  
online Blog](#)

[Click here](#)

FOLLOW ME ON [twitter](#)

[find me on  
facebook](#)

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at [info@birthindex.co.uk](mailto:info@birthindex.co.uk)

Advertise your business on Birthindex by visiting our site here. [www.birthindex.co.uk/list.htm](http://www.birthindex.co.uk/list.htm)







