

BirthIndex.co.uk



Your Local Guide for all things Pregnancy, Birth and Baby
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STOP PRESS

National Childbirth Trust (NCT) Independent Midwives UK (IM UK) Association of Radical Midwives (ARM) Association for Improvements in Maternity Services (AIMS) and the Albany Mums Support Group present:



Valerie Gommon

Independent Midwife

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THE 'RECLAIMING BIRTH' RALLY SUNDAY, MARCH 7th 2010

Please consider joining us for this important Rally to support mothers and babies. Mothers and babies are the foundations of our society, what is more important than getting the foundations right?

Meet at 1.00PM in Geraldine Mary Harmsworth Park, Lambeth Road, SE14EQ

We will march to Whitehall to hand in a petition to the Health

Minister and letters to the Prime Minister.

Master of Ceremonies: Peter Duncan. Speakers include: Professor Wendy Savage, AIMS Chair Beverley Beech, Albany Midwife Becky Reed, IM UK Board Member Annie Francis, NCT CEO Belinda Phipps, Albany Mums Support Group campaigner Emma Neamish and Duncan Fisher OBE

Reclaiming Birth
London
7th March 2010

Click above logo for more information

Forthcoming Events

FEBRUARY 2010

MK Antenatal Exhibition
FREE ENTRY
Sunday 21st February 2010
2pm - 4.30pm
Church of Christ The Cornerstone
Central Milton Keynes

MARCH 2010

Baby And Toddler Show
FREE ENTRY
Sunday 7th March 2010
Stadium MK
11am - 4pm
Contact: info@centralexhibitions.co.uk



For lots of

Contact: info@3shiresmidwife.co.uk

Reclaiming Birth

March to Whitehall

London

7th March 2010

Details: www.independentmidwives.org.uk

The Milton Keynes Baby and Toddler Fair

Sunday 21st March 2010

Stadium MK

www.miltonkeynesbabyfair.co.uk

[interesting articles visit Valerie's online Blog](#)

[Click here](#)



www.BirthIndex.co.uk has teamed up with Red Hot World Buffet www.redhot-worldbuffet.com to offer SIX lucky readers a 15% off food bill keyring! The discount is available Sunday – Thursday (not valid December, Public Bank Holidays or School Holidays).

Red Hot World Buffet is located in the Theatre District Milton Keynes, this award winning group of restaurants offers the best and most varied food from around the world all set within one beautiful restaurant. The dishes are created at live cooking stations by the finest chefs from around the world. In the evenings there are a selection of 120 items available from starters, salads and main courses to home made desserts produced by their in-house pastry chefs. Red Hot offers Chinese, Indian, Thai, Mexican, Italian and Japanese choices all for one set price. Red Hot World Buffet - "the world on a plate".

To apply for a keyring [click here](#) (Keyrings will be allocated to the first six members to reply – please provide your full postal address).

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Wanted!

Mums to Be



I am a fully qualified reflexologist studying for a Certificate in Maternity Reflexology. Reflexology is a wonderful therapy which can contribute to a happy, healthy pregnancy and help with minor problems. I am looking for 4 pregnant Mums to be case studies. You will need to have at least five treatments and I am offering these at half price (£80) in return for your help.

For full details please contact Kelly Holman on 01908 542664 or email Kelly@thesunflowerhouse.co.uk

Pregnancy Support In Your Area

Bedford Home Birth Support Group
01234 / 325104 or 218441
charsmith@btinternet.com or
anna_spyropoulos@hotmail.com

Leighton Buzzard & Milton Keynes
Home Birth Support Group
Contact: Sarah 07947 188628

Milton Keynes Birth Information Group
Next meeting Friday 4th September
12 – 2 pm
01908 511247
info@mkbig.org.uk

Bumps and Babes – Milton Keynes
Are you pregnant or do you have a young baby? Join us for our new Bumps & Babes sessions. Make new friends. Exchange hints and tips with other parents. Play with your baby in a fun and safe environment.
Robins Sure Start Children's Centre,
Heelands School
Fridays 11am - 12pm
[click here for more details](#)

Northampton Baby Café
Northampton Friends Meeting House,
Wellington Street, NN1 3AS
Every Friday except Bank Holidays
From 10:30 am to 12:30 pm
Contact: Carolyn Markham 01604 790496
Ann Davison 01604 843288
ann@babyways.org

Northampton.
Home Birth Support Group
First Thursday of month
7.30pm - 9.30pm
Whitehills Nursery School
Acre Lane,
Kingsthorpe
Northampton
NN2 8DF
Tel: 07716 017366
Email: kellymitchell1102@hotmail.co.uk

To remove your name from our mailing list, please [click here](#).

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